SAFETY AND BUYING GUIDES

EN 397 SPECIFIES PHYSICAL AND PERFORMANCE REQUIREMENTS OF INDUSTRIAL SAFETY HELMETS. CERTAIN TESTS ARE MANDATORY IF THE PRODUCT IS TO RECEIVE EN 397 APPROVAL. HERE IS WHAT ALL THE CODES MEAN.

**EUROPEAN STANDARDS**

A manufacturer can choose to submit products to additional optional tests. Such tests could lead to one or more of these markings appearing on a helmet.

- **EN 50365**
  Electrically insulating helmets for use on low voltage installations

- **LD**
  The helmet will provide some resistance to lateral compressive (non-impact) loads

- **-20°/-30°C**
  The helmet will provide some protection when worn in an environment at or above this temperature. -40°C ultra low temperature (outside of EN 397)

- **440V a.c.**
  The helmet will protect against short-term, accidental contact with live electrical conductors up to this voltage

- **EN 12492**
  Helmet for Mountaineers

- **EN 812**
  The standard for Industrial Bump Caps, which are intended to provide protection against bumps caused by walking into hazardous projections. A Bump Cap does not provide protection against falling or thrown objects and should not be used where a safety helmet is required

- **EN 14052**
  Molten Metal splash test

- **MM**
  Builds on EN 397 to include more onerous tests and requirements, but also includes requirements for additional impact protection to the front, rear and sides of the head. It also includes performance tests for the retention system (typically headband and chin strap), not typically included in EN 397

**BUYING GUIDE**

**IDENTIFYING HAZARDS**

A safety helmet is required in almost every industry where there is a risk of being injured by falling objects. In areas of restricted head space where accidental bumping of the head could be involved (e.g. overhead piping) a scalp protector (bump cap) should be considered. Bump caps are not a substitute for safety helmets and must not be used to protect the head from falling objects.

**IDENTIFYING MATERIALS**

Shells are primarily made using UV stabilised high density polyethylene (HDPE) or ABS (Acrylonitrile Butadiene Styrene). Harnesses are made using low density polyethylene or textile webbing.

**CARE AND MAINTENANCE**

A helmet may be cleaned with soap and water, drying with a soft cloth. A helmet should not be cleaned with abrasive substances or solvents and must not be stored in direct sunlight or in contact with chemicals. The wearer should inspect their helmet regularly. Any helmet showing more than superficial abrasions or scuffing to the shell should be replaced.

**KEY**

Adjust the helmet sizing by tightening and loosening the ratchet wheel until it is comfortable.

Adjust helmet sizing by slipping the band up and down the notches until it fits comfortably. To loosen push the band notches out of the hole.

**SHELF LIFE**

To comply with European Standards, all helmets are marked with the quarter or month and year of manufacture. If helmets are stored in boxes in which they were supplied and do not experience environmental extremes, the shelf life of a helmet is not limited. However, it is not recommended that a helmet should be in use five years after date of manufacture.

IS THE LEADING REPRESENTATIVE ORGANISATION FOR THE UK CONSTRUCTION INDUSTRY AN ADVISORY SCHEME HAS BEEN IMPLEMENTED FOR ON SITE JOB RECOGNITION.